



MENTAL HEALTH RESOURCES

MIND SPRINGS GLENWOOD SPRINGS

970-945-2583

2802 S Grand Ave, Glenwood Springs, CO

mindspringshealth.org/glenwood-springs

ASPEN STRONG/HEADQUARTERS

970-718-2842

23400 Two Rivers Rd #46 Basalt, CO

headq.org

ASPEN HOPE CENTER

If you are in crisis or concerned about someone else, call the 24/7 HopeLine:

970-925-5858 (Aspen to Glenwood Springs)

970-945-3728 (New Castle to Parachute)

Therapy Scheduling/Administrative Calls:

970-924-0703

P.O. Box 1115, Basalt, CO

aspenhopecenter.org



AUTISM SERVICES & COMMUNITY GROUPS

THRIVE COLLABORATIVE

Autism Service Provider

303-304-6819

Denver Location:

3501 Blake Street, Denver, CO

Aspen Location:

109 Aspen Airport Business Center, Aspen, CO

seeksowshare.com

SMILING GOAT RANCH

Equine and Ranch Animal Therapy

Program Questions:

970-236-1357 or kaylee@smilinggoatranch.com

Other questions:

970-379-1383 or sheryl@smilinggoatranch.com

Triangle T Arena, 2101 Co Rd 245 New Castle, CO

Visits by appointment only

smilinggoatranch.com

MINDFUL ME THERAPY

Early Childhood Therapy, Parent Support, and Integrated Wellness

jodi@mindfulmeththerapy.com

320 Main Street Suite 202, Carbondale, CO

Available for virtual support across the US

mindfulmeththerapy.com

WINDWALKERS

Equine Therapy

970-963-2909

gabrielle@windwalkers.org

1030 Co Rd 102, Carbondale, CO

windwalkers.org

PUEBLO AZUL

Local Latino Parent Support Group

Indhira Barron-Flore

970-987-7570

facebook.com/profile.php?id=100091601245886

MOUNTAIN VALLEY

Developmental Services

(970) 945-2306 or (800) 626-6450

700 Mt. Sopris Dr. Glenwood Springs, CO

info@mtnvalley.org

mtnvalley.org

ARC OF THE CENTRAL MOUNTAINS

Advocates for families and people with intellectual and developmental disabilities

970-456-2065

817 Colorado Avenue, Suite 304

Glenwood Springs, CO

arccentralmountains.org

LA CLINICA DEL PUEBLO

Bilingual Community Based Clinic

970-948-1072

520 S. 3rd St, Carbondale, CO

laclinicadelpueblo.care

VALLEY SETTLEMENT

Early Childhood Educational Outcomes & Immigrant Support

970-963-0851

1901 Grand Avenue, Suite 206, Glenwood Springs, CO

info@valleysettlement.org

valleysettlement.org

ASPEN VALLEY FRIENDSHIP CIRCLE

Disabilities Family Support Group

435 West Main Street Aspen, CO

970-544-3770

fcaspen.com

COOK INCLUSIVE

Employment, Recreation, and Advocacy Services

970-566-2954

50 Weant Boulevard, Unit C, Carbondale, CO

rfv@cookinclusive.org

cookinclusive.org