

Ascendigo's ACE programming consists of two distinct models. Adult participants engage in Made for Me programming in the morning and Made for Me and My Friends in the afternoon.

Made For Me

Made for Me is dedicated to the vocational and community building aspirations of our clients. Working with our community partners, volunteering with local organizations, and practicing skills are the heart of this model. Clients receive one-on-one support from their coaches as they acquire new skills and form connections with co-workers and community members.

Made for Me and My Friends

Drawing from the success of Ascendigo's Adventure Camp model, clients spend the afternoon with other adults and coaches engaging in unique outdoor adventures and other fun activities. This model encourages a social atmosphere while keeping an eye on our mission to "elevate the spectrum, inspire lives and shatter expectations".

Individual Life Plan

The Individual Life Plan is the foundation for the services ACE provides by delineating the community activities the client will engage in. A roadmap for the client's year is established through the ILP development process and includes the following:

- Goals, objectives, target skills, teaching strategies and tools.
- Community settings and providers, and how these will be put in place.
- ACE services required, including who will provide which services, days of direct service support and direct service intensity level.
- Client's 12-month schedule.
- Estimated cost and the financial resources available.
- Outcomes to be measured and monitored.
- The process for monitoring implementation of the ILP, revising the plan and communicating with the client, Parent/Guardians or other caregivers about necessary revisions.

The Value of Self-Determination & Motivation

We value each client's right to self-determination when working towards competence, autonomy, and a socially rich life experience of their choosing. By including client choice in a variety of age-appropriate authentic, community-based activities, clients become motivated. Our clients engage in activities that allow them to feel successful and competent while stretching their abilities just a bit further to grow relevant skill sets. We build motivation, competence and autonomy through authentic, reciprocal and respectful relationships. We see the individuals we serve as partners in determining the path toward independence and full, meaningful life experiences.